CURRICULAM VITAE



Dr. V. Sankaralingam
S/o C.Velusamy
Muthoor [Village], Kamaraja nagar (post)
Palayamkottai (Tk),Thirunelveli (Dt)-627011
Tamil Nadu
Email:sivanthisankaralingam85@gmail.com

OBJECTIVES :

To work efficiently in the field of physical education and sports.

EDUCATIONAL QUALIFICATIONS:

COURSE	INSTITUTION / University	YEAR OF PASSING	PERCENTAGE
Ph.D	Tamilnadu Physical Education and sports University	2017	Awarded
M. Phil	Tamilnadu Physical Education and sports University	2012	67%
M.Sc. (Yoga)	Tamilnadu Physical Education and sports University	2016	70%
M.P.Ed	Y.M.C.A College of physical Education	2011	62%
B.P.Ed	Y.M.C.A College of physical Education	2009	67%
B.Sc. (Physical Education)	The M.D.T. Hindu College. Tirunelveli.	2008	55%
P.G. Diploma (Yoga)	Tamilnadu Physical Education and sports University	2012	70%

SPORTS ACHIEVEMENTS :

- Tamilnadu stat level cross country championship Tirunelveli District athletic meet sixth place in the year of 2005.
- Inter school level mini marathon for boys secured first place in the year of 2004-05.
- Participated in sports development authority of TamilNadu 9th Chennai marathon in the year of 2011-12

EXTRA CURRICULAR ACTIVITIES:

- Certificate course in Gym INSTRUCTOR
- Certificate of merit optional course orientation and mobility
- National level Exhibition Certificate on sports nutrition organized by Tamilnadu Physical Education Sports University in the year of 2012
- Certificate in NSS Secured 'A' Grade School Level
- Certificate in NCC Combined annual training camp held at Shankar nagar polytechnic College.
- Certificate in Mahatma Gandhi Seva Centre in Good Certificate
- Certificate Course in Yoga

QUALIFIED OFFICIALS:

- TamilNadu athletic Association affiliated the State Technical official Examination in the year of 2007 held at Sivandhi Addithanar College of Physical Education Secured 'Second' Class
- Tamil nadu Handball association affiliated state level referee examination in the year 2007organized by The M.D.T Hindu College, Tirunelveli,

WORKSHOP & CONFERENCE ATTENDED :

- National workshop on "Emerging needs and application of bio-mechanics in sports and games
- Workshop on latest changes & New Rules in sports & games
- Workshop on latest trends in Athletics
- Workshop on Strength and Conditioning.

RESEARCH PARTICLUARS :

Title of Thesis / Dissertation	Subject	Name of the University

M.Phil	"Effect of Varied Meditation Techniques on Selected Physiological and Psychological Variables Among University Students"	Physical Education	T.N.P.E.S.U
Ph.D.	"Effect of Behavior Therapy on health related physical fitness And selected psychological variables in different age groups of juvenile delinquents"	Physical Education	T.N.P.E.S.U

Research Papers in Peer-Reviewed or UGC listed Journals:

S. No.	Title of the paper, with Journal's name, Year of Publication, Vol.No., Page Nos., etc.	ISSN No.	Author-ship**
1.	"Relationship between aggression and deviant behavior in school boys" Journal of Physical education spot and allied disciplines, Jan 2015 - Volume 6	0974-343X	Sankaralingam V Dr.P.Samraj.,
2.	"Comparison of social concern and emotional adjustment between deviant and non deviant school boys" Journal of adapted physical education and yoga Jun 2015 - Volume 5	2229-4821	Sankaralingam V Dr.P.Samraj.,

PROFFESSIONAL EXPERIENCE :

- PATTAMMAL ALAGESAN COLLEGE OF ARTS AND SCIENCE chengalpattu athur, worked as physical director from 01.07.2017 to 30.11.2017.

- MOTHER TERASA COLLEGE OF PHYSICAL EDUCATION mettusalai illuppur pudukkottai dt, worked as assistant professor from 04.02.2019 to 15.08.2019.

- Bharathithasan University Department of Physical Education & Yoga Tiruchirapalli worked as guest lecturer from 18.10.2019 to 20.12.2024.

- Tamil nadu Physical Education and Sports University Chennai Department of Physical Education Worked as Guest lecturer from 29/07/2025 to 23/05/2026.

PERSONAL PROFILE

Name : **Dr. V. Sankaralingam**
Father Name : C. Velusamy
Date of Birth : 11.05.1985
Nationality : Indian
Religion : Hindu
Marital Status : Single
Languages Known : Tamil, English

DECLARATION

I hereby Declare that all the above-mentioned detail is true the best of my knowledge and Belief.

Place: Thirunelveli Yours Faithfully

Date:

(V. Sankaralingam)